



NAME: _____ **DATE:** _____

Age/DOB: _____ **Gender:** M / F / _____ **Referral Source:** _____

Chief Complaint: (What is the problem? Example: back pain, neck pain, etc.):

History: (How and when did your problem begin?)

Please indicate any treatments you have had so far: (Check all that apply)

___ None

___ Epidural Injections

___ Physical Therapy (how long and where) _____

___ Surgery (when and where) _____

___ Medications (for this problem) _____

Please categorize your pain: (Please circle ONE)

None to mild

Mid

mild to moderate

moderate

moderate to severe

severe unbearable

My pain is: (Please circle ALL that apply)

constant

intermittent

achy

burning

deep

superficial

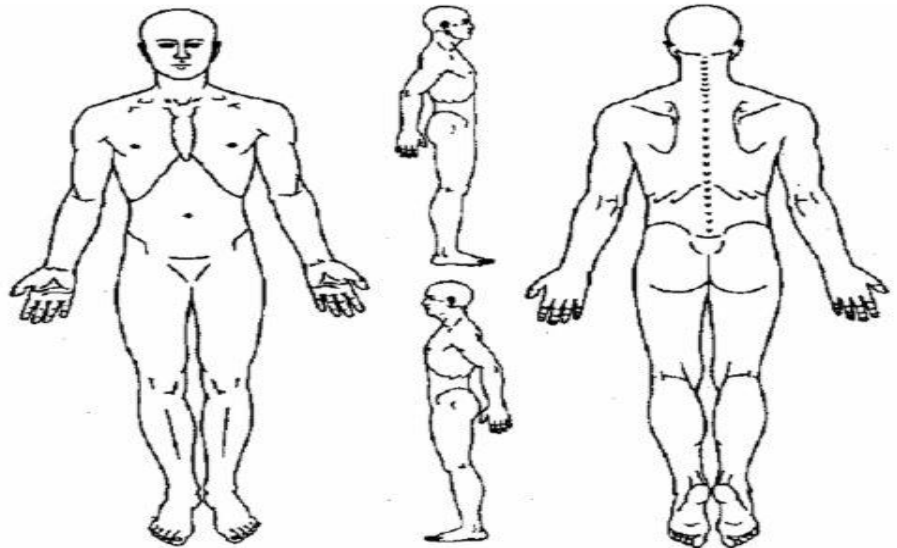
improving

worsening



Numbness	Pins & Needles	Burning	Aching	Stabbing
-----	o o o o o	^ ^ ^ ^ ^	x x x x x	⊗ ⊗ ⊗ ⊗
-----	o o o o o	^ ^ ^ ^ ^	x x x x x	⊗ ⊗ ⊗ ⊗
-----	o o o o o	^ ^ ^ ^ ^	x x x x x	⊗ ⊗ ⊗ ⊗

Using the symbols given, mark the areas on the body where you feel the described sensations. Include all affected areas.



Modifying factors (What makes your pain better or worse? Please check all that apply)

Better with activity Worse with activity Better with rest Worse with rest
 Better with sleep Worse with sleep better with medicines Nothing

Changing positions help(describe): _____

Please use the key below to answer the following questions:

0–Not at all **1**–To a slight degree **2**–To a moderate degree **3**–To a great degree **4**–All the time

When I'm in pain.....

- I worry all the time about whether the pain will end.
- I feel I can't go on.
- It's terrible and I think it's never going to get any better.
- It's awful and I feel that it overwhelms me.
- I feel I can't stand it anymore.
- I become afraid that the pain will get worse.
- I keep thinking about how much it hurts.
- I anxiously want the pain to go away.
- I can't seem to keep it out of my mind.
- I keep thinking about how badly I want the pain to stop.
- There's nothing I can do to reduce the intensity of the pain.
- I wonder whether I can do to reduce the intensity of the pain
- I wonder whether something serious may happen.

Total: _____



Past Medical History (Please check all that apply): **NEGATIVE**

- | | | | |
|---|---|--|---|
| <input type="checkbox"/> arthritis | <input type="checkbox"/> fibromyalgia | <input type="checkbox"/> gout | <input type="checkbox"/> hearing loss |
| <input type="checkbox"/> stroke | <input type="checkbox"/> coronary disease | <input type="checkbox"/> heart attack | <input type="checkbox"/> arrhythmia |
| <input type="checkbox"/> asthma | <input type="checkbox"/> COPD | <input type="checkbox"/> high blood pressure | <input type="checkbox"/> GERD |
| <input type="checkbox"/> ulcers | <input type="checkbox"/> thyroid disease | <input type="checkbox"/> hepatitis | <input type="checkbox"/> cancer |
| <input type="checkbox"/> anemia | <input type="checkbox"/> diabetes | <input type="checkbox"/> colitis | <input type="checkbox"/> neuropathy |
| <input type="checkbox"/> excessive bleeding | <input type="checkbox"/> DVT (clots) | <input type="checkbox"/> osteoporosis | <input type="checkbox"/> pulmonary embolism |

Past Surgical History (Please list any prior surgeries and approximate dates): **NONE**

If you have had surgery, have you had any problems with anesthesia? Please explain:

Do you have any of the following problems? (Please check all that apply) **NONE**

- | | | |
|---|---|---|
| <input type="checkbox"/> recent weight loss or gain | <input type="checkbox"/> hearing loss | <input type="checkbox"/> nausea or vomiting |
| <input type="checkbox"/> fever/chills | <input type="checkbox"/> sore or dry throat | <input type="checkbox"/> heartburn (reflux) |
| <input type="checkbox"/> blurred vision | <input type="checkbox"/> shortness of breath | <input type="checkbox"/> body aches |
| <input type="checkbox"/> skin rashes | <input type="checkbox"/> chronic cough | <input type="checkbox"/> pain in multiple joints |
| <input type="checkbox"/> headache | <input type="checkbox"/> chest pains or tightness | <input type="checkbox"/> difficulty with urination |
| <input type="checkbox"/> heart palpitations | <input type="checkbox"/> abdominal pains | <input type="checkbox"/> constipation/diarrhea |
| <input type="checkbox"/> nausea or vomiting | <input type="checkbox"/> burning with urination | <input type="checkbox"/> swelling in arms or legs |
| <input type="checkbox"/> depression | <input type="checkbox"/> mood swings | <input type="checkbox"/> dizziness/balance problems |

Family History (Does anyone in your family have a history of the following?)

Please indicate **M** for mother's side or **F** for father's side:

- | | | | | |
|--|---------------------------------------|---|--|--|
| <input type="checkbox"/> arthritis | <input type="checkbox"/> stroke | <input type="checkbox"/> osteoporosis | <input type="checkbox"/> hearing loss | <input type="checkbox"/> mult. fractures |
| <input type="checkbox"/> coronary disease | <input type="checkbox"/> heart attack | <input type="checkbox"/> arrhythmia | <input type="checkbox"/> asthma | <input type="checkbox"/> COPD |
| <input type="checkbox"/> high blood pressure | <input type="checkbox"/> GERD | <input type="checkbox"/> ulcers | <input type="checkbox"/> thyroid disease | <input type="checkbox"/> hepatitis |
| <input type="checkbox"/> cancer | <input type="checkbox"/> anemia | <input type="checkbox"/> diabetes | <input type="checkbox"/> colitis | <input type="checkbox"/> neuropathy |
| <input type="checkbox"/> substance abuse | <input type="checkbox"/> DVT (clots) | <input type="checkbox"/> pulmonary embolism | <input type="checkbox"/> anesthesia problems | |



Drug Allergies (Please check or list others): ____ **NONE**

____ penicillin ____ keflex or cephalosporins ____ sulfa ____ IVP dye ____ aspirin

Others _____

Do you give us consent to obtain your medication history? Yes No

Current Medications (PRINT CLEARLY) List all medications or supply us with a separate list:

____ **NONE**

Pharmacy Information: (Please write down the name and address of your current pharmacy)

Primary Care Doctor:(Please write down the name, address and phone number of your physician)

Please list your height and weight: Height _____ Weight _____

Occupation: (What is your job title and description?)

Social History: (Please check the appropriate space):

Smoking History Smoked at least 100 cigarettes in your life? Yes No



If yes Current Every Day Smoker Smoker, Current Status Unknown
 Current Same Day Smoker None of the above
 Former Smoker Not Asked

Details

Cigarettes per day _____ Years smoked _____

Do you use smokeless tobacco? Yes No

Are you at risk for secondhand smoke? Yes No

Comments: _____

Alcohol Use: None Socially Daily.

If daily, how much and what do you drink?

Recreational Drugs Please list any recreational drug use:

History of substance abuse? No Yes

If yes please explain:

Patient or Guardian Signature

Date